

FREE OF: GLUTEN WHEAT DAIRY CASEIN Soy Corn Nuts & Yeast

<u>Tortillas</u>

I think this is a versatile recipe that lends itself to being used in a variety of ways.

You can roll the dough thin for tortillas. You can also roll it a bit thicker and create wonderful wraps for sandwiches perfect for anything from lunch meat to chicken salad.

Never before with a gf flour mix recipe had I been able to make tortillas so pliable, so thin and so delicious.

Makes 3 – 4 tortillas

The recipe is simple – only six ingredients, but since I think, like our family, you'll be making these often, it has very detailed instructions so you'll achieve the best results possible when preparing the tortillas.

Preheat a griddle or frying pan to a setting just before medium heat. A hot griddle is important.

Prepare your work area. You'll need parchment paper, a rolling pin and 1 - 2 tablespoons of *Celeste's Best Gluten-Free Flour Mix* to dust the tortilla.

Whisk together in mixing bowl:

2 cups Celeste's Best Gluten-Free Flour Mix (CBGFFM)
2 teaspoons sugar
1½ teaspoons konjac powder or 1 teaspoon xanthan gum
1 teaspoon sea salt

In a 2 cup measuring cup whisk together:

³/₄ cup water¹/₄ cup extra light olive oil

Beating on medium speed, slowly pour liquid ingredients into measuring bowl.

Beat on low speed until mixture comes together in a ball — approx. 30 seconds. Add additional tablespoons of water if necessary. Dough should form a soft ball in hand without cracking much at sides when compressed. It should feel like a balloon filled with sand. This dough should be more on the moist side, than dry.

Follow the remainder of the instructions as written in cookbook.

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For Amazing Spinach Tortillas:

Makes 10 - 12 tortillas

Begin by cooking over medium heat:

2 tablespoon olive oil
4 – 5 cups packed, finely chopped spinach leaves
2 cloves of garlic, minced (optional)

Add 1 - 2 tablespoons of water as needed until spinach is completely cooked and tender.

Meanwhile whisk together in mixing bowl:

2 cups *Celeste's Best Gluten-Free Flour Mix (CBGFFM)*2 teaspoons sugar
1½ teaspoons konjac powder or 1 teaspoon xanthan gum
1 teaspoon sea salt

In a 2 cup measuring cup whisk together:

³/₄ cup water¹/₄ cup extra light olive oil

*Amount of water will vary depending on how dry your spinach is after cooking. I try to get mine as dry as possible so I'm always adding approx. 1 cup of water to the mix.

Beating on medium speed, slowly pour liquid ingredients into measuring bowl. Beat on low speed until mixture comes together in a ball — approx. 30 seconds. Add additional tablespoons of water if necessary. Dough should form a soft ball in hand without cracking much at sides when compressed. It should feel like a balloon filled with sand. This dough should be more on the moist side, than dry.

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